

52 weeks to preparedness an emergency preparedness plan - thank you for visiting ready nutrition and the 52 weeks to preparedness free web series because of the popularity of the series and the tons of great feedback we have received over the years we took your advice and turned it into a full fledged book, **james rawles warns be prepared to hunker down for months** - image courtesy survivopedia as you consider the threats we face and the options available to you should the worst happen you have no doubt played out numerous scenarios surrounding the effects of a total collapse event that would bring down the national power grid, **informationweek serving the information needs of the** - this is what a successful digital transformation looks like based on research into the characteristics of enterprises that have succeeded with transformations in real life, **the list a to z survival for the abysmal times ahead** - i actually read that book in 2008 a really good book on what our idea of good food is totally wrong promoted by the mass media what i was trying to convey was that when humans do not have bad food to eat ie fast food junk food tainted food and they have to get to the basics their weight will drop, **how to make pemmican pemmican recipe** - let me introduce myself my name is mark sisson i m 63 years young i live and work in malibu california in a past life i was a professional marathoner and triathlete, **jmccanneyscience com** **how to contact us** - for a long time i have been very busy with projects so have not kept up with the daily pages like picture of the day more like picture of the week and this page with the upcoming overhaul of my web page hopefully i can consolidate these into one page for daily updates of current events jim mccanney, **solarpunk rising or how to turn boring bureaucratic** - 1 for california a whole lot of industrial scale solar in the desert because that is the cheapest solve and a whole lot of californias power use is for air con which means solar natively load follows fairly well

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